**Big English 3 U8**

**Vocabulary**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Healthy Habits** | 1. drink lots of water | | 2. eat a healthy breakfast | |
| 3. get enough exercise | | 4. get enough sleep | |
| 5. ride your bike after school | |  | |
| **Content Words** | 1. activities | 1. body | 1. calorie | 1. difficult |
| 1. exciting | 1. gain weight | 1. measure | 1. pay attention |
| 1. puck | 1. push | 1. race | 1. score |

**Phrases**

|  |  |  |  |
| --- | --- | --- | --- |
| **Expressions** | 1. I guess. | 1. Well… | 1. My stomach feels funny. |
| **Values** | To learn the value of getting exercise. | | |

**Grammar**

|  |  |  |
| --- | --- | --- |
| * **To use *did* and *didn’t* to talk about what happened in the past.** | | |
| Q: **Did** you/he/she/they **get** enough sleep yesterday? | A:Yes, I/he/she/they **did**. | A: No, I/he/she/they **didn’t**. |